



Region 2 Suicide Advisory Board Minutes

Time: Tuesday August 2, 2022 at 10:30 am via Zoom

Welcome & Introductions

Attendees: Taylor Gainey (APW) Michael Wynne (BHcare), Linda Milardo (APW) Lorrie McFarland (APW) John Saccu (Derby Youth Service Bureau), Jackie Cook (Regional Network Manager, South-Central CT, Beacon Health Options), Gerry Baird (Clifford Beers), Melissa Keilty (Tri Town Youth Service Bureau), Daniela Giordano (Beacon Health Options), Sarah Maffiolini (Cromwell Youth Services), Drew Lavalley (Beacon Health Options, Eastern Region/DCF Region 3) Nikki Kern (Coalition for a Better Wallingford), Sophia Selino (Research Assistant at TCC), Kasi Frost (Communicare), Kara Sepulveda (Quinnipiack Valley Health District), Melvin Wells (New Haven Prevention Council)

988 Presentation: Taylor Gainey shared a presentation from DCF and DMHAS; it covered the new 988 Suicide Hotline, Key components of the implementation plan, addressing the transition/operational system, Youth, and adult mobile crisis services, and future expansions. Taylor stated that she will share the list of resources and will send the presentation/training. A doodle will be sent for group participation to work on it in the next week or so... The workgroup will work on a handout for schools providing the distinction between 211 & 988, for the appropriate referral.

988 & 211 Distinction: Gerri stated that the recommendation for school's mobile crisis is to call 211. 988 is for more of a personal crisis/suicide hotline. The do interconnect. Geri stated that they have a new hire and are still creating/promoting new hires.

VA Suicide Prevention Training: Taylor stated that she is working with a VA Prevention Coordinator, Jessica to cover VA Veterans Suicide Prevention in Region 2. A Statewide panel event will be held on 8/10 @ 10 a.m. and cover Region two; they will have 6 panelists. It will be in person and a location will be decided soon. Taylor will send the link to register.

ASIST Training – Intervention Skills Training:

Kasi stated that they received a grant that allows for a Suicide ASIST Training Program. This evidence-based training provides curriculum techniques for all levels of people who want access for interventions. Including: leadership, lay people, etc. The goal is to learn to consult with them on needs, make a safety plan and learn suicide intervention techniques that affect change. The course is a two-full day consecutive workshop. The venue had not been determined yet. They are looking at ways to cut the cost. Visit <https://www.livingworks.net/asist> for more information. Kasi's information: kfrost@communicare-ct.org

Taylor will send a doodle for anyone who is interested in the training.

Suicide Prevention Awareness Month: Taylor stated that there will be a Statewide Panel Event on Thursday, Sept 22, 9:30a-3:00a, details are still developing, but will be in our region. There will be a keynote speaker and additional speakers.

Next week, APW will be at the Farmers Market in Durham to provide outreach and engage the community.

Kara stated that the Out of the Darkness Walk will be on Sunday October 2nd, 10 am at Town Center Park in Hamden. All are welcome.

Melissa stated that they are working with State troopers next week and Task Forces on Suicide Prevention plans.

Melvin stated that Suicide Prevention week is in September, and they will be implementing a program called One Step and running activities bringing awareness to suicide risk factors.

Kara stated that she will send Taylor the flyer on a fundraiser at J Roos in North Haven.

Overdose awareness day event will be held in New Haven. APW will have a table there on the green. The flyer will be emailed.

Tipping the pain scale is on Tues. August 23rd at the North Haven movie theater. Addiction and Opioid use.

Aug. 31st is Overdose Awareness Day; educational materials will be provided. A flyer will be sent. APW will also be attending the event.

Next Steps:

Taylor will send the 988 PowerPoint, the doodle poll for a group to work on the distinction between 988-211, the doc. will be sent to the region leads, she can provide updates on the ASIST training, and send a doodle for that also, and lastly, the flyer on J Roos event.

Next Meeting: Tuesday October 4th 10:30 via zoom.

Respectfully Submitted:

Linda Milardo

Administrative Assistant